

**Deerfield Beach Innovation Zone • Broward Behavioral Health Coalition
Broward County Children Services Council • Broward County Public Schools**
are pleased to announce

Mindfulness, Mental Health and Self-care Services

Come and speak to a Licensed Therapist about:

- Stress Management
- Self-care Support
- Family Counseling
- Behavioral Strategies



**Saturday, March 14 and Sunday, March 15
10 a.m. - 5 p.m.**

**Saturday, March 21 and Sunday, March 22
10 a.m. - 5 p.m.**

**The Wellness Center at Deerfield Beach High School
910 Buck Pride Way, Deerfield Beach, FL 33441**



**Open to all families in the
Deerfield Beach Innovation Zone**
Deerfield Beach High School
Deerfield Beach Middle School
Cresthaven Elementary School
Deerfield Beach Elementary School
Deerfield Park Elementary School
Norcrest Elementary School
Park Ridge Elementary School
Tedder Elementary School
Bright Horizons Center

**For more information contact
Deerfield Beach High School
at 754-322-0771.**



The School Board of Broward County, Florida Lori Alhadoff • Robin Bartleman • Heather P. Brinkworth • Patricia Good • Donna P. Korn
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